

Somerset Clinical Commissioning Group

Working Together to Improve Health & Wellbeing

June 2018 - Newsletter Issue 62

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Editorial - NHS principles of 1948 still valid

It will not have escaped anyone's attention that our cherished NHS turns 70 on 5 July. The NHS was created out of the ideal that good healthcare should be available to all, regardless of wealth. When it was launched on July 5 1948 it was based on three core principles:

- That it meet the needs of everyone
- That it be free at the point of delivery
- That it be based on clinical need, not ability to pay

These familiar principles feel as valid and important today as they were in 1948, however the landscape of that clinical need, the care that can be offered, and the scale and structure of the organisations involved in delivering health and care has changed a great deal over the last 70 years.

As we work up our strategy for health and care in Somerset in a very modern way, it strikes me that the key is to be able to spot and pick out the unchanging fundamentals that underlie those above, describe their characteristics and key benefits accurately, then build to support these.

In the area of primary care such fundamentals could be described as the need to offer a local personal general practice team providing holistic person-centred care with the crucial element of continuity alongside timely access. Once key characteristics such as the above are agreed on the task becomes 'How can we best support these with the resources that are available to us in 2018 and beyond?'

On another positive note, it's good to see CCG colleagues promoting good health and supporting health charities. We wish good luck to Governing Body member Basil Fozard for his forthcoming [London Bike Ride](#) and Melanie Munday who is also competing and fundraising in the [Ironman Triathlon challenge](#).

Dr Will Harris - Editor

CCG Workforce Announcements

Nick Robinson, interim Chief Officer with Somerset CCG, has had his term with the CCG extended by 12 months until 13 August 2019. Nick will continue to work with the CCG in improving systems, reducing the financial deficit of the organisation and advocating for increased system-wide working.

David Freeman will be joining the CCG as Chief Operating Officer on 1 August 2018. David will be responsible for leading the redesign of the commissioning function to be fit for purpose as a system partner to

facilitate joint working, and lead commissioning in partnership with other agencies, including the Joint Commissioning Board of the County Council and operational groups with other NHS Trusts. He will be responsible for reviewing and progressing the outputs of the fundamental review of the work relating to governance and decision making. Furthermore, David's input and guidance will be utilised to develop an effective corporate affairs function for Somerset CCG.

David joins us from NW London's collaboration of CCGs where he worked as the Director of System Development. He has a background in Commissioning, Corporate Operations and Communications and has a wealth of experience of working within and in accompaniment to CCGs, alongside experience of working within Primary Care Trusts and for NHS England.

Somerset CCG AGM and Board Meetings

At the CCG's board meeting in May it was agreed that future board meetings would take place bi-monthly, commencing July 2018, and would take place at different venues around the county. A full schedule of meetings will be available [on the CCG website](#) shortly.

Please note: Somerset CCG's Annual General Meeting will now be taking place on Tuesday 18 September 2018 at The Cheese and Grain in Frome.

South Somerset Healthcare Partners Scoop top National Award

The South Somerset GP Federation and healthcare partners from across south Somerset have received national recognition at this year's **British Medical Journal (BMJ) Awards**. The partnership has been awarded the '**Primary Care Team of the Year**' award for the innovative and integrated approach taken to re-designing local care services to meet the changing needs of patients in south Somerset.

For more than five years, key local healthcare organisations have worked closely together as part of a shared vision through the Symphony Programme. Tasked to develop and implement new ways of delivering healthcare services across GP practices, hospitals and community care to help patients to access the care they need; whilst reducing unnecessary admission to hospital.

The programme has successfully introduced new roles such as health coaches into 17 GP practices across south Somerset, to provide additional support to both GPs and patients. Extended healthcare teams have been developed to work alongside doctors and enable patients to access specialist healthcare services in their GP practice, rather than in hospital.

Over the last two years the developing model has enabled health coaches to support over 11,000 patients in south Somerset, helping to proactively support people to take greater control over their health and wellbeing.

In addition, complex care teams were established to provide specialist care for patients with multiple and/or long-term health conditions. In March 2018, new sustainable complex Integrated Care teams were created by developing community hubs at South Petherton, Wincanton and Yeovil. This

proactive move brings complex Integrated Care teams together with Somerset Partnership teams, along with direct support from Adult Social Care and voluntary teams.

For more information contact Lisa.Pyrke@ydh.nhs.uk Communications and Engagement Manager for Symphony Integrated Healthcare.

My Diabetes My Way - Somerset Leads the Way

The online diabetes platform [My Diabetes My Way](#) was launched in Somerset recently and has now reached an exciting phase of the project. Patients with diabetes who register on the site can now access results and see some of their records. This follows successful alignment of the project with EMIS Live and will enable people with diabetes to self-manage their care. As we are now actively recruiting patients, GP practices will need to ensure they have signed information sharing agreements.

Somerset is the first STP area in England to have access to My Diabetes My Way. This follows a successful SBRI collaborative funding award between My Digital Health, University of Dundee and Somerset STP. Other products being developed include an app, a clinician facing platform, and work with artificial intelligence.

My Diabetes My Way can be accessed via the website:
<https://somerset.mydiabetes.com/>

For more information on the My Diabetes My Way project contact Rachael.Rowe@nhs.net

New Remote Access Diabetes Structure Education Programme Piloted in Somerset

The diabetes programme is working with Oviva to test a new remote access structured education programme for people with type 2 diabetes. This is a QISMET accredited programme and is being trialled as part of the wider NHS digital test bed programme. Participating GP practices will be able to refer newly diagnosed diabetics to either the existing DESMOND programme or the new remote access service for the length of the project. 300 funded places are available for Somerset patients.

The new remote access service provides 12 weeks of weekly phone calls, coaching between a registered dietician and the patient, **and** either online educational support or a print manual for those unable or unwilling to use the internet. The patients also have lifetime access to the educational resources. This work is not only contributing to the evidence base on remote access programmes but is helping shape the new integrated model of care for diabetes when patients will be offered a menu of options for structured education.

If your practice would like to take part in this project please contact Rachael.Rowe@nhs.net for further details.

NAPC Pharmacy Guide Launch

Last month a new guide was published by the National Association of Primary Care (NAPC) to inspire further integration of community pharmacy

within primary care to improve patients' health and support them to manage their conditions.

The new guide [Primary care home: community pharmacy integration and innovation](#) looks at ways local pharmaceutical committees, community pharmacies and GP practices can make greater use of pharmacists' skills as part of a model of care to a whole community. Here in Somerset, close collaboration between GPs, primary care and community health professionals and pharmacists has been developing for some time and already bringing real benefits for patients and the stretched resources of GPs and their practice staff.

For more information please contact Will.Harris2@nhs.net

Behavioural Presentation Engagement Event

Last month over fifty people came together at an event led by Dr Leighton Phillips, to consider early thoughts about how children and young people with behavioural presentations might better access appropriate and timely support across the education, health and care system. Self-help support and signposting is already available, including useful resources, through the new and developing [Somerset Parent Carer Toolkit](#). Staff from all sectors, parents and carers, and service users provided feedback on experiences and on the suggested draft 'route to support'. The Behavioural Presentations Task and Finish Group will now meet to consider the feedback and plan next steps aligned to the developing Somerset Health and Care Strategy.

For more information please contact Lydia.Woodward2@nhs.net

Improving Lives Strategy for Somerset

Plea from Councillor Christine Lawrence, Chair of the Health and Wellbeing Board

We have a vision to improve the lives of all of our residents in Somerset. We need to work together locally to do this and consider all of the many factors that influence the lives of our residents and communities.

Looking at the data we have on the health and care needs of our population, and talking to people around the county, we have identified four priorities as being particularly important to improving the lives of people in Somerset.

It is essential that these priorities are the right ones, which is why we want to consult as wide a range of stakeholders as possible before the final version is agreed. We would appreciate your views on how the draft strategy aligns to your organisational priorities and how this might be reflected in the document.

There is much joint work already going on across the county and we are keen that your contributions to health, wellbeing and people's lives is reflected and acknowledged. This strategy is an opportunity to make a real difference to these priorities together, with and for the people of Somerset.

We are asking you to help us by completing a short questionnaire which is available by following the link: www.somerset.gov.uk/improvinglives

We would also appreciate your help in ensuring this consultation is shared with as many people, networks and organisations around Somerset as we can.

The consultation will close on Friday 17 August 2018. If you require the questionnaire in a different format then please contact Catherine Falconer on publichealth@somerset.gov.uk or on 01823 357266.

Living With and Beyond Cancer

Living with and beyond Cancer (LWBC) is working to ensure that people diagnosed with cancer are living as healthy and active a life as possible at diagnosis, during treatment and once treatment has ended, and is looking to ensure that patients are fully informed and included at all times.

The implementation of the [Recovery Package](#) is the main area of focus of the project and involves the following:

- Electronic Holistic Needs Assessments (eHNA) & Care Planning
- Treatment Summaries
- Cancer Care Reviews
- Health & Wellbeing Events

The project is also working with Macmillan to provide cancer support workers. The support workers provide 1-2-1 co-ordination of care for patients from diagnosis all the way throughout their treatment and beyond supplying the more non-complex needs to free up time for the registered professionals.

For more information please email hannah.manton1@nhs.uk, LWBC Project Manager.

Maternity Voices Partnership - Recruitment Campaign

Somerset Maternity Voices Partnership was set up in 2017 to capture the views and experiences of people and families accessing maternity services across the county. They are currently looking for people to join the Partnership to share their experiences of maternity services in Somerset. So if you have a new-born or pre-schooler, or are currently pregnant and would like to get involved, let us know!

For more information email Lee.Reed2@nhs.net or phone Lee on 01935 381933. Alternatively, visit the [Maternity Voices page](#) on the CCG website.

Heatwave and Summer Preparedness Programme of the Heatwave Plan for England

The Heatwave and Summer preparedness programme of the [Heatwave Plan for England](#) launched on Friday 1 June to raise both public and professional awareness of the health impacts of hot weather, including severe heat. The plan is a key component of emergency planning and is increasingly relevant in adapting to climate change. It provides advice for professionals, organisations and individuals to help them plan for and respond to hot

weather. The Heatwave Plan for England is supported by a suite of public and professional resources, including the new PHE "[The health impacts of hot weather and the Heatwave Plan for England](#)" training slide set. The slide set has been designed for those across the health and social care system and those in the voluntary sector with a role in planning for, or responding to, a heatwave event in England.

NHS 70 - Service of Celebration - 11 July 2018

Everyone is invited to join members of the NHS from the past, present and future to celebrate 70 years of the NHS! Free to attend and no need to register, the Service of Celebration will feature speakers from 6 to 89 years old, a selection of rousing hymns and an opportunity to reflect on and celebrate the NHS turning 70. The service takes place at St John's Church, Yeovil, 6-7pm on Wednesday 11 July 2018.

Improvement Fundamentals - A radical new programme of online courses for those involved in health and social care

NHS England's Sustainable Improvement team is to launch a new mini-course in quality improvement (QI). Running 16 to 20 July, An Introduction to QI is the first mini-course in Improvement Fundamentals – a free, innovative programme delivered entirely online in the form of videos, articles, discussion and practical exercises that contribute to your own improvement project. Each mini-course includes a week of facilitation and ample opportunity for discussion and collaboration with peers and facilitators.

For more information and to register for the mini-course, please visit www.england.nhs.uk/improvementfundamentals

Editor

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Contact Us

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