

Dear all,

Please find information below on:-

- **Share your NHS experience of Eye Health and Visual Impairment**
 - **Participate in a study for Multiple Conditions in Later Life**
 - **Adjusting to life with a brain injury - Headway Somerset Conference – Wednesday 4th October 2017**
 - **BBC Radio Somerset - Niall Dickson explains how NHS is making Somerset fit for the future**
 - **CQC Report re Vocare and the Somerset NHS 111 and Out of Hours Service (see attached)**
 - **Kooth - new on-line service for young people**
 - **Understanding Child Sexual Exploitation (CSE)**
 - **Somerset Mental Health Hub 4th August 2017 News**
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- **Useful website links:**
 - www.carersvoicesomerset.co.uk
 - <https://www.england.nhs.uk/tag/nhs-citizen/>
 - <http://www.cqc.org.uk/content/get-our-newsletter>
 - www.cqc.org.uk
 - www.somersetparentcarerforum.org.uk
 - <http://healthwatchsomerset.co.uk/>

Please share this with colleagues who may be interested in being added to the circulation list to receive the bulletin regularly. Please contact me on susan.lilley@nhs.net if you have any information you would like added to future PPG bulletins.

Kind regards

Sue Lilley

Patient, Public Experience and Engagement Coordinator

Subject: Share your NHS experience of Eye Health and Visual Impairment with us

Somerset CCG has been asked to submit evidence to an all-party parliamentary group on Eye Health and Visual Impairment and are therefore inviting patients and carers to give us their feedback on any NHS eye health services or visual impairment experiences in the last six months. If you are able to help, please contact susan.lilley@nhs.net by Monday 21 August 2017.

Subject: Multiple Conditions in Later Life – Study

Age UK is on the steering group for a **James Lind Alliance** Priority Setting Partnership on multiple conditions in later life. The project has now reached survey stage and they are looking to disseminate it to as many older people as possible. They are **looking for responses from those aged 80 and above living with three or more conditions, and from their partners or carers.**

Many older people live with several health conditions or illnesses. Much research has focused on specific single illnesses, but living with multiple conditions, especially at older ages, has received less attention. Many questions about it remain unanswered. For the first time ever, a national survey is taking place to find out what the important issues are from the point of view of older people of 80+ living with **3 or more conditions**, and their carers. This will help researchers identify the top 10 priorities for research on living with multiple conditions in later life. The priorities will be published so that, in future, researchers can focus on those questions, and research

fundings can better direct their funds to the priority areas. The aim is to improve quality of life, care and treatment for older people living with multiple conditions. This initiative is led by a group of professional organizations interested in improving life for older people. **Age UK** is one of the main partners, along with **Newcastle University**. The initiative is overseen by the James Lind Alliance for independence and transparency. Click [here](#) for details on how to participate in the survey and/or use this link <http://research.ncl.ac.uk/jlaprioritysetting/>

Carolyn Arscott

Public Health Manager – Ageing Well and Learning Disability

Email: CArscott@somerset.gov.uk

Subject: Headway Somerset Conference (the brain injury association) – Wednesday 4th October 2017

“Adjusting to life with a brain injury”

9.30am-4pm Edgar Hall, Somerton TA11 6SB

Key speakers include:-

- Dr James Tonks, Honorary Lecturer – University of Exeter
- Dr Jonathan Harvey, PHD
- Penny Weekes – Occupational Therapist specialising in Acquired Brain Injury – Children, Young People
- Dr Alyson Norman – Counsellor & Lecturer in Psychology

Certificates of attendance available for CPD Cost = £30 to include a light lunch.

To book a space, please contact

info@headwaysomerset.org.uk or call on 01823 618519

Subject: BBC Radio Somerset -

Niall Dickson explains how NHS is making Somerset fit for the future - 9 August 2017

Niall Dickson, Somerset's Independent Chair for the development of the county's five year sustainability and transformation plans.

Contact Paul Courtney for details.

Paul Courtney
Communications Manager
Somerset Clinical Commissioning Group
Office: 01935 385241
Mob: 0794 118 2175 (24hr)

Subject: Kooth.com

Kooth from XenZone, is an online counselling and emotional well-being service for children and young people, available free at the point of access. It is safe, confidential and anonymous and helps to reduce wait times for young people seeking help, removing stigma around mental health. Kooth integrates with face-to-face local services to ensure a seamless transition for young people. XenZone works with local authorities, CCGs, mental health trusts, charities and other organisations to provide early intervention support with clear escalation and de-escalation pathways.

- https://www.dropbox.com/s/y412zt5aj362o7l/Kooth_Info_Sheet_Jayne_Archer.pdf?dl=0
- <https://www.dropbox.com/s/t89f5x89596u4yx/Kooth%20Poster%202017-1.pdf?dl=0>

For further information, please contact Jayne Archer, Integration and Participation worker on 07946 339171 or email jarcher@xenzone.com

Subject: Understanding Child Sexual Exploitation (CSE)

Attached is a guide for parents and carers from Avon and Somerset Constabulary on understanding child sexual exploitation.

<https://www.dropbox.com/s/ew48xq7y7b4j593/CSE%20Parents%20Leaflet.pdf?dl=0>

Subject: Somerset Mental Health Hub Newsletter – August 2017

<https://www.dropbox.com/s/hnq9v5ta2yh067t/DP%20Leaflet%20Somerset%202017-2018.doc?dl=0>