

Dear all,

Please find information below on:-

- **Defibrillator Training For Carers this Monday, 8th May**
- **Youth Mental Health First Aid Training – 7th June**
- **Newsletter from People in Health West of England (PHWE)**

- **Useful website links:**
 - www.carersvoicesomerset.co.uk
 - <https://www.england.nhs.uk/tag/nhs-citizen/>
 - <http://www.cqc.org.uk/content/get-our-newsletter>
 - www.cqc.org.uk
 - www.somersetparentcarerforum.org.uk
 - <http://healthwatchesomerset.co.uk/>

Please share this with colleagues who may be interested in being added to the circulation list to receive the bulletin regularly. Please contact me on susan.lilley@somersetccg.nhs.uk if you have any information you would like added to future PPG bulletins.

Kind regards

Sue Lilley

Patient, Public Experience and Engagement Coordinator

Somerset Clinical Commissioning Group | *Working together to Improve health and wellbeing*

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Subject: Defibrillator Training at Wells Fire Station this Monday, 8th May 10-12.30pm

We have a few spaces left on our Defibrillator training on Monday taking place at Wells Fire Station. It is a free course open to any non paid carers. Booking is through event brite via the link below. If anyone wants more details please get them to contact the forum at somersetparentcf@outlook.com.

<https://www.eventbrite.co.uk/e/defibrillator-training-tickets-34287781678>

Ruth Hobbs
Director
Somerset Parent Carer Forum

Town Hall, Bow Street, Langport. TA10 9PR
Telephone: 01458 259384 or 07543 680365 (office)
Work mobile: 07729 099576
help@somersetparentcarerforum.org.uk
www.somersetparentcarerforum.org.uk

Don't forget to check out Somerset Choices, a website that gives people information and advice about care and support services and local groups in Somerset. Go to www.somersetchoices.org.uk

Subject: Youth Mental Health First Aid Training

Mental ill health can affect every single one of us. There is widespread ignorance of mental ill health in the general population and there is the associated stigma too. For some, the stigma can lead to delays in people seeking help and support. There is also a lack of confidence in what to do if someone is distressed or in a crisis situation.

By learning to recognise the signs that someone may be unwell, you may be able to provide initial help, to guide a person towards appropriate professional help, and in its most powerful form, save a life by learning basic suicide intervention skills.

Youth Mental Health First Aid Training (2 day course) and Mental Health First Aid Training Schools (1 day course) will provide you with the information, tools and resources to help you to support a young person who may be experiencing emotional difficulties or a mental health crisis.

TO FIND OUT MORE [CLICK HERE](#).

Youth Mental Health First Aid Training:

**1 day course: 7th June, Cullompton Community Centre
complete the booking form [here](#).**

**2 day course: 12th and 13th September, Taunton
Library complete the booking form [here](#).**



**Mental Health First Aid – 1 day course
Wednesday 7th June – 9am – 4.30pm
Cullompton Community Centre
Cost: £110 includes VAT**

**Youth Mental Health First Aid – 2 day course
12th – 13th September 2017, 9am – 5pm
Taunton Library, Paul Street,
Taunton, Somerset TA1 3XZ
Cost £198 includes VAT**

**All courses include training delivered by a Mental
Health First Aid Trainer, buffet lunch and light
refreshments, a comprehensive course manual and a
course certificate of attendance.**

MENTAL HEALTH TRAINING, WORKSHOPS AND TALKS

At The Project we run a range of mental health training courses and workshops for schools, colleges and

other organisations. We deliver our workshops to a variety of audiences, including:

- Professionals working with children and young people
- Children and young people
- Parents, carers and anyone supporting a young person.

For more information, download [The Project's Training Brochure](#) today.

Or get in touch with us to find out more: info@theprojectyp.org.uk

Subject: Newsletter from People in Health West of England (PHWE)



People in Health
West of England

Better involvement · Better research · Better health

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www.phwe.org.uk

Newsflash

26 April 2017



Research for Health Challenge

Submit ideas by 24th May

For: Healthcare professionals, patients,
members of the public and managers



Events on Dementia

18th May, Bristol, and later in the year

For: Anyone interested

What: [Bristol Health Partners](#) Dementia

Health Integration Team presents *Who provides what dementia services in Bristol and South Gloucestershire*. Find other dementia events later in the year on the

[Bristol Health Partners website](#)

involved in either the provision of healthcare or in the commissioning of services.

What: The Elizabeth Blackwell Institute (EBI) invites you to submit a specific issue or 'challenge' you are currently facing in your area of healthcare delivery, use or commissioning. University of Bristol researchers will then bid for funding to pursue the 'challenges' shortlisted by the EBI review panel, and if successful, will work with you to make sure the new technology, device or innovation will really work for your community/colleagues/patients.

[Click for more info](#)

Involvement Guidance

NHS England has published [Involving people in their own health and care: statutory guidance for clinical commissioning groups and NHS England](#). "This document demonstrates the importance of involving people, their carers and families, to improve individuals' health and wellbeing outcomes and the efficiency and effectiveness of health services."

[Click for more info](#)

Gypsy and Traveller Cultural Awareness

[Friends Families and Travellers](#) have produced an E-Learning module covering the key themes and questions arising amongst service providers about Gypsies and Travellers. "The course is ideal for members of the voluntary, statutory, or private sector wishing to engage or work more effectively with Gypsies and

— " "

[Click for more info](#)



Involvement Opportunity: Exploring Chronic Pain Through Performance

Introductory workshop 4th May, Bristol

For: People with a chronic pain condition or an invisible disability that involves chronic pain

What: 10 people are sought to take part in an artistic process exploring chronic pain and identity in illness, with an informal public performance at the end of the project. No performance experience necessary.

[Click for more info](#)

Involvement Opportunity: Review research applications

For: Members of the public

What: The National Institute for Health Research (NIHR) seeks public reviewers, who use their experience of health and social care services as a patient or carer to bring a unique perspective to assessing research funding applications. Reviewing can be by email/attending meetings etc, depending on the research topic and which NIHR organisation it is for.

[Click for more info](#)

[Click for more info](#)

Please feel free to pass this on to anyone you feel may be interested.

About PHWE:

People in Health West of England is a collaborative approach to involving patients and other members of the public to promote a strong public voice for better involvement, better research and better health.



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Or complete the [contact form](#)

**Bristol Health
Partners**

Clinical Research Network:
West of England

Collaboration for Leadership
in Applied Health Research
and Care West



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West of England



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Academic Health
Science Network