



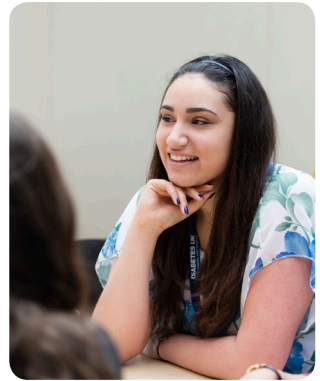
#TheBig1

Join us at #TheBig1 and meet other young people who understand life with Type 1.

Where Swindon Town Football Club

When Saturday 16 June 2018, 10:30am–4pm

For Anyone aged 16–26 years old and living with Type 1 diabetes. You can also bring a plus one.*



#TheBig1 is a relaxed day out that's all about you.

Meet other young people and get chatting about the things you care about. Like how to keep on top of your diabetes when you're backpacking across Europe. The best way to bring up diabetes on a date. How to cope with the days when you feel rubbish. Or how to make sure diabetes doesn't get in the way of having a great time.

You'll get to share tips and support (as well as those awkward stories) with other young people who really understand. Plus, lunch and snacks will be provided

Register for your free place at
eu.eventscloud.com/thebig1

For more information

Call **01823 448260** Email south.west@diabetes.org.uk



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*Under 18s need to be accompanied by an adult