

# Somerset Clinical Commissioning Group

*Working Together to Improve Health & Wellbeing*

April/May 2018 - Newsletter Issue 61

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## Editorial - Fit for the Future

The development of Somerset’s Health and Care Strategy has taken an important step forward with the unanimous approval by Somerset CCG’s Governing Body of its initiation plan. I recommend people [read this document](#).

Called ‘[Fit For The Future](#)’, the document sets out Somerset CCG, Somerset County Council and the county’s NHS Foundation Trusts’ aim of coming up with detailed proposals for more sustainable and integrated health and social care services. The focus of the strategy will be upon improved service in five key areas:

- urgent and emergency care
- proactive care for frail and elderly people
- planned care such as hip replacements
- children and maternity care
- care for people living with mental health and learning disabilities

CCG Governing Body members acknowledged that doing nothing was not an option. Somerset’s health system was too focused upon treatment and not addressing health prevention, retaining and recruiting more doctors, nurses, therapists and social workers, together with an accumulating financial deficit meant change, however difficult, had to happen.

Supporting work streams have been established for each service area being reviewed. These have clinical representation from across the health and care system. It should go without saying how important it is for GP and primary care colleagues to ensure their views shape the development of the strategy’s proposals.

*Dr Will Harris - Editor*

## Somerset Treatment Escalation Plan

Advance care planning for people in the last years of their life will improve using a Somerset county wide [treatment escalation plan ‘STEP’ form](#). The STEP form can help us shape conversations and enhance patient care in all settings in Somerset.

The new STEP form was created by a group of clinical representatives from primary care and providers and was introduced into Somerset on Monday 16 April 2018, starting with the three Somerset NHS Foundation Trusts: Somerset Partnership, Yeovil District Hospital, and Taunton and Somerset.

The first phase will replace all the paper forms in use in the Foundation Trusts with the new form. There will be an electronic version available on

RIO and EMIS, and a downloadable version on the CCG website. The STEP will then be available in primary care and all residential care settings over the course of the next six months.

The CCG is monitoring roll out of the form and would welcome feedback on the design and its usage to ensure quality and safety. There is a link on the STEP form itself for feedback, <https://www.surveymonkey.co.uk/r/VWLCJVX>

For more information please contact [Jonathan.Davies4@nhs.net](mailto:Jonathan.Davies4@nhs.net)

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## Digital Success News

The digital teams across Somerset health and social care organisations have been busy implementing both local and national projects to continue with increased digitisation in the NHS. From the primary care perspective, the CCG Digital Team are celebrating some recent success of clinically led initiatives that have been digitally enabled, in line with the Somerset Digital Roadmap.

A number of digitally innovative bids submitted to NHS England for the Estates and Technology Transformation Fund (ETTF) in 2016/17 were successful and some have since been awarded subsequent rounds of funding. Information on these projects has been included in previous CCG newsletters, and we wanted to share some recent successful progress:

- **Teledermatology** – a number of devices have been purchased and installed using GP WiFi across Somerset GP practices working with University Hospitals Bristol to support the new CCG commissioned service.
- **BRAVE AI** - Bering's risk stratification algorithm can predict patients with complex, often long-term conditions, who are likely to present for an unplanned admission into hospital in the next twelve months. This has the dual objective of improving patient care and outcomes alongside increasing efficiencies in the NHS, as dealing with serious, non-planned issues is usually more expensive. The initial research and development stage at Axbridge Surgery has been awarded a second round of funding to be extended into 2018/19 with pilots at two other practices in Somerset in planning.
- **Somerset Integrated Digital e-Record (SIDeR)** – The contract for Somerset's technical partner has now officially been awarded to SoftCat (Black Pear). An 'As Is' review of IT infrastructure has been undertaken with key Somerset organisations and a Programme Initiation Document (PID) has been drafted. Programme and workstream leads for the following emerging themes: End of Life, SIDeR presentation layer, connection to EMIS, Home First and ADT messages, will be identified, and workshops scheduled throughout May.
- **Public Access WiFi** – A provider has been identified to install public access WiFi across all Somerset GP practices over the coming months. Once the contract has been signed, a formal notification and project plan will be released.
- **A double page spread on 'Sharing Your Health Information'** has been published in the [April 2018 Edition of Your Somerset](#), which is delivered to all Somerset Households to communicate the digital work

happening in the NHS.

If you would like any further information about any of these projects, or any of the current work being undertaken by the CCG Digital Team, please contact [Jess.Brown@nhs.net](mailto:Jess.Brown@nhs.net) in the first instance. Latest updates can be seen on Twitter @ANationNHS @JHarringtonNHS @SomersetCCGIMT

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## CLICK GP Federation nominated for award by Yeovil MP

A group of GP Practices in South Somerset has been chosen from hundreds of applicants to represent the South West in a prestigious competition to mark the NHS's 70th birthday.

The Chard, Langport, Ilminster and Crewkerne GP Federation (known as CLICK) were nominated for The Excellence in Primary Care Award by Yeovil MP, Marcus Fysh.

As regional champion in this award category, they will now vie with other regional winners from across England for a national award to be presented at a special ceremony in the Palace of Westminster on 4 July, the day before the NHS's 70<sup>th</sup> birthday.

Launched in February, the NHS Parliamentary Awards asked the region's MPs to find and nominate those individuals or teams they thought have made the biggest improvements to health services in their constituencies across ten categories.

Follow this link for [NHS England's NHS70 Parliamentary Awards shortlist](#)

For more information please contact [Paul.Courtney@nhs.net](mailto:Paul.Courtney@nhs.net) on 01935 385241

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## Proud to Care

Somerset County Council recently organised the first Proud to Care recruitment event in Somerset, where would-be carers could find out more about potential new opportunities and careers.

[Proud to Care](#) is a South West initiative in response to the need for an additional 90,000 care workers by 2030, and the event aimed to raise the profile of careers in the care sector. It was attended by representatives from some of the county's many care providers as well as County Council staff and members of the CCG's Care Homes Team (see article above).

For more information please contact [Holly.Stockdale@nhs.net](mailto:Holly.Stockdale@nhs.net), Care Home Support Social Worker.

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## Village Agents Initiative

Somerset Village Agents is a Community Council for Somerset (CCS) project designed to reduce isolation and help connect excluded and vulnerable people living in Somerset, with services that can support them and improve their independence, health and well-being. The programme is a response to the identified needs of the rural (and increasingly older) population of the county.

The CCS have produced two Agents for Change reports: a [full report](#) and a [shorter version](#) which summarises the evaluation that took place in late 2016/17. Client, voluntary sector partners and statutory sector agencies all provided feedback for the evaluation and the overall impression is that the Village Agents programme is highly regarded by clients, partner organisations (including those to whom clients are referred) and by a range of public sector stakeholders.

For more information please visit the CCS website or contact [Jill.Downey1@nhs.net](mailto:Jill.Downey1@nhs.net)

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## THE SPACE Project

THE SPACE project is a unique independent preventive health and wellbeing project awarded by the NHS South West Clinical Network and Somerset CCG that supports young people 13-18 years' to access a range of support, advice, information, signposting, counselling, activities and volunteer opportunities in Cheddar and surrounding areas.

THE SPACE is supported by qualified youth workers providing one to one support, signposting to all kinds of advice, advocacy and other community services; qualified youth counsellors providing individual counselling; peer to peer training providing support to other young people and mentoring linking with volunteering incentives and activities.

The current demand for counselling services is overwhelming showing the need for such young people's preventive health and wellbeing work based in the community.

For more information contact Heather Colman, SPACE project manager, at [space-cheddar@outlook.com](mailto:space-cheddar@outlook.com) or 07725 692 454.

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## Carers' Support and Training Project

A system-wide group, including voluntary sector, County Council and CCG staff, has been working together on a project on carers as part of the Somerset Academy initiative. The project is still being scoped, but it is likely it will look at the availability of existing training and support for carers and how we can make all that information easily accessible to carers. The project may also cover the skills that young carers need to enter the workplace. The project will involve joint working with community partners including Carers Voice, the Young Carers Project and the Somerset Parent Carer Forum.

For more information please contact [Jill.Downey1@nhs.net](mailto:Jill.Downey1@nhs.net)

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## Take the STOMP health care pledge

NHS England is urging all health care providers who prescribe psychotropic medicine to people with a learning disability, autism or both to adopt the [STOMP health care pledge](#).

STOMP stands for stopping over medication of people with a learning disability, autism or both with psychotropic medicines. It is a national project involving many different organisations which are helping to stop the over use of these medicines. STOMP is about helping people to stay well

and have a good quality of life.

The aims of STOMP are to:

- encourage people to have regular check-ups about their medicines
- make sure doctors and other health professionals involve people, families and support staff in decisions about medicines
- inform everyone about non-drug therapies and practical ways of supporting people so they are less likely to need as much medicine, if any.

The NHS England website has useful [case studies](#) (including easy read), and [blogs](#). To find out more visit <https://www.england.nhs.uk/learning-disabilities/improving-health/stomp/>

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## NHS70

The National Health Service is turning 70 on 5 July 2018. It's the perfect opportunity to celebrate the achievements of one of the nation's most loved institutions, to appreciate the vital role the service plays in our lives, and to recognise and thank the extraordinary NHS staff – the everyday heroes – who are there to guide, support and care for us, day in, day out. Visit the website to find out how you can get involved <https://www.nhs70.nhs.uk/>

On the day of the birthday, Thursday 5 July, there will be two national celebrations of thanks held for NHS staff, patient groups and volunteers. Every NHS clinical commissioning group has been allocated tickets for a service at Westminster Abbey at noon (to be attended by the CCG's Chief Officer Nick Robinson) and a choral concert at York Minster on the evening starting at 7.00pm (to be attended by Chairman, Dr Ed Ford.)

Two members of staff will be present at each event. Names were drawn out of a hat for fairness, and the lucky winners were Charlotte Brown, Adult Safeguarding Nurse, and Dr Andrew Tresidder, GP Lead Quality and Safety, who'll be going to York Minster, and Paul Courtney, Head of Communications, and Karen Taylor, Head of Patient Safety, who'll be off to Westminster Abbey.

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## Personal Health Budget Consultation

The Department of Health and Social Care and NHS England have launched a [consultation on extending the legal rights to have a personal health budget or integrated personal budget](#). The consultation seeks views on extending rights to a range of people, including those with social care and health needs, people accessing mental health services, and armed forces personnel who are leaving services and eligible for ongoing NHS care. The consultation is open until 8 June 2018. This consultation follows the [Secretary of State for Health and Social Care's speech on social care reform](#) in March 2018.

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## Health Service Journal Awards 2018

Entering the [2018 HSJ Awards](#) is your opportunity to share your projects and to celebrate, recognise and reward the contribution of staff and organisations - these awards serve as an annual programme of learning, not a single reflection. Through a journey of analysis and collaboration, as

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Please send feedback on this newsletter to:

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well as an expert judging process, entrants are able to benchmark their contributions to healthcare excellence and develop their projects with partners across the UK and further afield. View all the categories and start your entry [here](#). Deadline for entries is 31 May 2018.

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