

## DERMABRASION INDIVIDUAL FUNDING REQUEST POLICY

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Target audience:	<p>SCCG:</p> <ul style="list-style-type: none"> <li>• Contracts Team</li> <li>• Providers</li> <li>• GP Practices SCCG</li> <li>• GP Bulletin</li> <li>• Web Site IFR Page</li> </ul> <p><b>Medical Directors:</b></p> <ul style="list-style-type: none"> <li>• Taunton &amp; Somerset NHS FT</li> <li>• Yeovil District Hospital NHS FT</li> <li>• Royal United Hospitals Bath NHS FT</li> <li>• United Hospitals Bristol NHS FT</li> <li>• Weston Area Health NHS Trust</li> <li>• Somerset Partnership NHS FT</li> </ul>
Application Form	Generic IFR application form

**DERMABRASION FOR ACNE SCARRING INDIVIDUAL FUNDING REQUEST  
POLICY**

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## DERMABRASION FOR ACNE SCARRING POLICY

### VERSION CONTROL

<b>Document Status:</b>	Current policy
<b>Version:</b>	1516.v1.1a

<b>DOCUMENT CHANGE HISTORY</b>		
<b>Version</b>	<b>Date</b>	<b>Comments</b>
V8e	December 2015	Remove from Guidance for Clinicians Document to individual policy
1516.v1.1	July 2017	Change CSU template to SCCG template

<b>Equality Impact Assessment (EIA) Form OR EIA Screening Form completed. Date:</b>	20160303 1516.v1
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<b>Sponsoring Director:</b>	Sandra Corry
<b>Author(s):</b>	
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**DERMABRASION  
DERMABRASION IS NOT ROUTINELY FUNDED BY THE CCG**

**General Principles**

**Funding approval will only be given in line with these general principles. Where patients are unable to meet these principles in addition to the specific treatment criteria set out in this policy, funding approval will not be given.**

1. The CCG does not commission surgery for cosmetic purposes alone.
2. Funding approval must be secured by primary care prior to referring patients seeking corrective surgery.
3. Referring patients to secondary care without funding approval having been secured not only incurs significant costs in out-patient appointments for patients that may not qualify for surgery, but inappropriately raises the patient's expectation of treatment.
4. On limited occasions, the CCG may approve funding for an assessment only in order to confirm or obtain evidence demonstrating whether a patient meets the criteria for funding. In such cases, patients should be made aware that the assessment does not mean that they will be provided with surgery and surgery will only be provided where it can be demonstrated that the patients meets the criteria to access treatment in this policy.
5. Funding approval will only be given where there is evidence that the treatment requested is effective and the patient has the potential to benefit from the proposed treatment. Where it is demonstrated that patients have previously been provided with the treatment with limited or diminishing benefit, funding approval is unlikely to be agreed.
6. Patients should be advised that receiving funding approval does not confirm that they will receive treatment or surgery for a condition as a consent discussion will need to be undertaken with a clinician prior to treatment.
7. The policy does not apply to patients with suspected malignancy who should continue to be referred under 2 week wait pathway rules for assessment and testing as appropriate.
8. Patients with an elevated BMI of 30 or more are likely to receive fewer benefits from surgery and should be encouraged to lose weight further prior to seeking surgery. In addition, the risks of surgery are significantly increased. (Thelwall, 2015)
9. Patients who are smokers should be referred to smoking cessation services in order to reduce the risk of surgery and improve healing. (Loof S., 2014)
10. Where funding approval is given by the Individual Funding Panel, it will be available for a specified period of time, normally one year.

## **Background**

### **Dermabrasion**

Dermabrasion involves removing the top layer of skin, either using lasers or a specially made wire brush.

Make-up can help cover up scars and can be particularly useful for facial scars. Camouflage make-up specially designed to cover up scars is available over the counter at pharmacies.

**Changing Faces** - Is a charity for people and families who are living with conditions, marks or scars that affect their appearance.

<https://www.changingfaces.org.uk/About-Us>

The Skin Camouflage Service programme was established in 1975 by the British Red Cross; in 2011 Changing Faces took over the service. The Skin Camouflage Service is available to Somerset patients on a self-referral basis. An appointment with the service is free.

The Skin Camouflage Service can provide patients living with scarring, or a skin condition that affects how they look and their confidence, a way of regaining self-confidence and independence. The Service finds products that provide the best colour match for each patient and then teaches them how to apply the products effectively. The Service then completes a prescription request for the required products (type, colour, size etc), which should be then taken to the patient's GP Practice for authorisation. Please contact [skincam@changingfaces.org.uk](mailto:skincam@changingfaces.org.uk) or call 0300 0120 276, or visit their website for further information.

Links:

<https://www.changingfaces.org.uk/Skin-Camouflage>

<https://www.changingfaces.org.uk/Skin-Camouflage/I-want-an-appointment>

### **POLICY – CRITERIA TO ACCESS TREATMENT – IFR**

1. Dermabrasion procedures are not funded for skin rejuvenation
2. Surgery and treatments to alter physical appearance alone is not routinely funded by the CCG
3. Treatments for acne scarring are regarded as a type of cosmetic surgery, which is not commissioned.

Individual cases will be reviewed at the Commissioner's Individual Funding Panel upon receipt of a completed application form from the patient's GP, Consultant or Clinician.

Applications cannot be considered from patients personally.

Provided these patients receive the full support of their general practitioner, or clinician, in pursuing their funding request an application may be made to the Individual Funding Request Panel for consideration.

In order for funding to be agreed there must be some unusual or unique clinical factor about the patient that suggests that they are exceptional as defined below:

- Significantly different to the general population of patients with the condition in question.
- Likely to gain significantly more benefit from the intervention than might be expected from the average patient with the condition.

It is expected that clinicians will have ensured that the patient, on behalf of who they are forwarding the application for, is appropriately informed about the existing policies prior to an application to the IFRP. This will reassure the Panel that the patient has a reasonable expectation of the outcome of the application and its context.

If you would like further copies of this policy or need it in another format, such as Braille or another language, please contact the Patient Advice and Liaison Service on Telephone number: 08000 851067.

**Or write to us:** NHS Somerset Clinical Commissioning Group, Freepost RRKL-XKSC-ACSG, Yeovil, Somerset, BA22 8HR or **Email us:** [somccg.pals@nhs.net](mailto:somccg.pals@nhs.net)