

Dear all,

I hope you all had a great Easter break.

Please find information below on:-

- **We Are Recruiting!**
 - **Somerset Community Micro-Enterprise Project Update**
 - **Short Breaks Survey (previously known as respite breaks)**
 - **What's On At Somerset Partnership (Newsletter)**
 - **Somerset Naturally Healthy Month**
 - **Project SEARCH**
 - **Sexual Health Centre relocation**
-
- **Useful website links:**
 - www.carersvoicesomerset.co.uk
 - <https://www.england.nhs.uk/tag/nhs-citizen/>
 - <http://www.cqc.org.uk/content/get-our-newsletter>
 - www.cqc.org.uk
 - www.somersetparentcarerforum.org.uk
 - <http://healthwatchesomerset.co.uk/>

Please share this with colleagues who may be interested in being added to the circulation list to receive the bulletin regularly. Please contact me on susan.lilley@somersetccg.nhs.uk if you have any information you would like added to future PPG bulletins.

Kind regards

Sue Lilley

Patient, Public Experience and Engagement Coordinator

Somerset Clinical Commissioning Group | *Working together to Improve health and wellbeing*

Wynford House | Lufton Way | Lufton | Yeovil | Somerset | BA22 8HR

Telephone: 01935 385020 | Fax: 01935 384079

Email: susan.lilley@somersetccg.nhs.uk

Website: www.somersetccg.nhs.uk

Subject: We Are Recruiting!

Please share this information with young people that you know or work with who may be interested in becoming Young Person's Champions.

- **Could you be the next Young Person's Champion?**
- **Are you aged between 16 and 25?**
- **Do you have experience of Special Educational Needs and or a Disability?**
- **Could you represent other children and young people who have additional needs?**

If the answer is YES, have a look at the job details below:

[YPC Job Description](#)

If you are interested get in touch with Pauline at Somerset Skills and Learning who will send you a short expression of interest form.

PMccarthy@sslcic.co.uk

Closing date for expressions of interest is Friday 28th April 2017.
Starting date July 2017.

Best wishes,

The Engagement and Participation Team

Special Educational Needs and Disabilities (SEND)

**B1 West
County Hall
Taunton
TA1 4DY**

Mobile: 07469 413359

Are you involved in or do you have an Education, Health and Care Plan- tell us how it's working

Click on the link below to complete the survey that is best for you.

[POET Surveys](#)

Subject: Somerset Community Micro-Enterprise Project Update

(How Somerset's growing number of Micro-providers are creating a flexible, community-led solution to the challenges of home care)

Have you ever met someone who has had an idea for a small service or support that can help people live well? Perhaps you have had an idea yourself?

For the last two and a half years Community Catalysts have been getting behind exactly these people and helping them turn their ideas into high quality, sustainable micro-enterprises.

Even we have been amazed at the number of local, passionate people, very often unlikely entrepreneurs who have stepped up to design and deliver home care solutions in their neighbourhoods. Since October 2014 we have received 415 enquiries from people with ideas for services local to them.

Of these 173 have gone on to set up a new service in their neighbourhood.

The Somerset Community Micro-enterprise Directory features 230 Community Micro-providers.

Collectively they are supporting 700 older people and provide 220 jobs to local people. Together they provide 3600 hours of care or support a week.

Community Catalysts have facilitated 56 networking events with over 452 providers attending. We have independent provider networks in Minehead, Bridgwater and South Petherton.

The Impact

- Support is co-designed. Creative people on both sides of the care equation finding ways to do things differently
- People can work locally, earn an income and make a positive difference
- Commissioners, older people and families know good support is available. As a result people come home earlier from hospital. More people choose to take a Direct Payment
- People stay connected to their community, contributing and avoiding loneliness

Money is saved as the cost of care delivered by community enterprises is cheaper.

What they do?

What makes a 'good life' is personal to us. We need diverse, varied marketplace to reflect this. Along with traditional home care and community support our micro-providers offer:

Professional Decluttering Service, Mindfulness, Palliative Care, Yoga, Supported Short Breaks, Quirky day services, Supported gardening, Cleaning, Shopping service, Personal care, End of Life Care, Foot care Technicians, Dog Walking, Swedish Massage, DIY, Companionship, End of Life Celebrant, Befriending, Decorating, Reminiscence, Specialist Dementia Support, Independent Advice.

Who they are?

Whilst all micro-providers have a personal or professional experience of the caring role, all have different backgrounds, skills and talents.

We have 14 nurses or former nurses, 3 Occupational Therapists, 3 social workers, 4 foster carers but we also have micro-providers who offer support alongside being a Breadmaker, Musician, Semi-professional rugby player, Equine therapist, Wedding photographer, Nutritionist, Policewoman, Artist, Sculptor, Romantic Fiction Author, Mobile tea trader, Hairdresser, Glass Artist, Magician, Doorman, Retired Teacher, Parish Councillor and Illustrator.

Unlocking your assets?

Community Catalysts are working with Parish and Town Councils, GP surgeries, Social Work Teams, Active Living Centres and Business Hubs to look at ways we

can support local providers and work collaboratively to give people more local options in their care and support.

This has resulted in the formation of local, independent care co-operatives, care clusters and provider associations.

If you would like to meet, network or find out more about your local Micro-providers or care co-operatives please email me at rhys.davies@communitycatalysts.co.uk or call on 07595411945

Subject: Short Breaks Survey (previously known as respite breaks)

Please take the time to complete the Short breaks survey:

<https://surveyplanet.com/57bd69433cf9070c2a954d76>

The survey aims to gather your views and experience of current short breaks and your priorities for future short breaks.

Short breaks, previously known as respite breaks, are periods of time that allow parents and carers a break from their caring role. A short break also enables children and young people to experience new things and to take part in activities.

Short breaks can be for just a few hours, or as long as a holiday away. The activity and options can be very varied and are based on the individual needs of the child or young person.

We are looking at the Short Breaks service within Somerset.

If you need any help or support to complete this survey please contact:

Jesse Eveleigh,

Email: jeveleigh@somerset.gov.uk

Best wishes,

**The Engagement and Participation Team
Special Educational Needs and Disabilities (SEND)
B1 West
County Hall
Taunton
TA1 4DY**

Are you involved in or do you have an Education, Health and Care Plan- tell us how it's working

Click on the link below to complete the survey that is best for you.

[POET Surveys](#)

Subject: What's On At Somerset Partnership (Newsletter)

Please find the latest version of What's On @ SomPar by clicking on the link below:

http://intranet.sompar.nhs.uk/a - z_directory/idoc.ashx?docid=752a5934-2a2a-47fc-a396-892e67351fc7&version=-1

Subject: Somerset Naturally Healthy Month

Getting out into the natural world is good fun and great for our health. During May 2017, we are launching the first **Somerset Naturally Healthy Month**. All over Somerset, partners have come together to offer over **40 different outdoor activities and events** which are mostly free.

Our aim is to increase people's confidence and the opportunities they have to be active in the natural environment in order to improve their health and wellbeing. There is something for everyone. Let Nature Nurture.

This is a great opportunity for you personally, your colleagues, the people that you support and the communities that you serve. Please take a moment to follow the [Naturally Healthy May](#) link where you can see the full programme. I have also attached the programme as a PDF but any updates will be on the website. All event enquiries need to go direct to each event organiser.

Here are just a few examples of the diverse events available:

- Rock Walk and Cave Art at Ebbor Gorge
- Sing and Stroll at Otterhead Lakes
- Weekend sleepover at Magdalen Farm for parents with an autistic child
- Therapeutic Gardening and Gentle Yoga Taster Session at Wall Gardens of Cannington
- Bat walk around Vallis Vale
- Mindfulness Walk Ninesprings café, Yeovil
- And many many more....

Please circulate, talk about and display the programme as much as possible. This is the first year so we need all the help we can get to ensure the information gets out there and encourages people to come along and enjoy.

Hope you can join us

Louise Finnis
Health Promotion Manager – Mental Health
Public Health
PP B3S2

County Hall
Taunton
Somerset TA1 4DY
Tel: 01823 357 252
Mobile: 07914 614 838
Email: lfinnis@somerset.gov.uk

Subject: Project SEARCH

Project Search is an initiative run by Somerset County Council, Musgrove Park Hospital and Bridgwater & Taunton College giving young people with Learning Disabilities the skills to obtain competitive paid employment in various departments at the hospital through a full-time supported internship. Somerset County Council first commissioned Project SEARCH in 2013 based at Yeovil District Hospital. <https://www.youtube.com/watch?v=HsVI928KR3Y>
In 2016/17 the Project SEARCH based at Musgrove achieved 67% employment (above the 65% national average).

There will be a recruitment open evening to be held on Thursday 18 May 2016 from 6 – 8pm at Musgrove Park Academy, Musgrove Park Hospital, Taunton, for anyone interested in finding out more about Project SEARCH. Attendees will also be able to complete an application form on the evening. Families and friends are also very welcome.

We hope to build on the success of last year by recruiting another group of Interns for 2017/18 so please can I ask you to share the attached information across your networks, and in particular with young people who you think may be interested in taking part the scheme at Musgrove Park Hospital. If you require any further details or information please don't hesitate to contact me.

Regards

Julian Bellew

Commissioning Officer - Adults and Health
Somerset County Council, B2 East, County Hall, Taunton, TA1 4DY.
Telephone: 01823 359074 (external)
PLEASE NOTE MY NEW MOBILE NUMBER: 07977 411274
Email: JBellew@Somerset.gov.uk

Subject: Sexual Health Centre relocation

You were kind enough to help spread the communications word last year about the proposed Sexual Health Clinic move from the Bath RUH to the Riverside Health Centre in the city centre. Now the move has been confirmed we'd be grateful if you could do the same with our latest information, attached – a media release, poster and leaflet, that we issued earlier this week.

We expect the Clinic to relocate in early June, but have yet to fix a date. In the meantime we're keen to advise people that the service at the RUH and the Riverside will continue as normal, and to reassure them that nothing, apart from the location, will change.

Thank you in anticipation

Simon Whitby

Senior Communications Officer

Communications Department

Royal United Hospitals Bath NHS Foundation Trust

Bath and Wessex House, 2nd Floor,

Combe Park, Bath, BA1 3NG

01225 826230

www.ruh.nhs.uk

Find us on Facebook and follow us on Twitter:

