

Dear all,

Please find information below on:-

- **How Are Education, Health and Care Plans (EHCP) are working for children, young people and families in Somerset?**
- **Redesigning our Maternity Services Together at RUH**
- **Latest research news from the Centre for Academic Primary Care at the University of Bristol – Final Report Of Five Year Telehealth Research Programme Published Continuity of Care**
- **Latest research news from the Centre for Academic Primary Care at the University of Bristol – Final report of five-year telehealth research programme published**
- **Choices For Life Fair – Yeovil College, Friday 24th March 2017**
- **The Project - Notice for parents and carers supporting a young person experiencing mental health difficulties.**
- **The Project Chard Support Groups: One Year On**

- **Useful website links:**
 - www.carersvoicesomerset.co.uk
 - <https://www.nhscitizen.org.uk/>
 - <http://www.cqc.org.uk/content/get-our-newsletter>
 - www.cqc.org.uk
 - www.somersetparentcarerforum.org.uk
 - <http://healthwatchesomerset.co.uk/>

Please share this with colleagues who may be interested in being added to the circulation list to receive the bulletin regularly. Please contact me on susan.lilley@somersetccg.nhs.uk if you have any information you would like added to future PPG bulletins.

Kind regards

Sue Lilley

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Subject: How Are Education, Health and Care Plans (EHCP) are working for children, young people and families in Somerset?

We need your help to find out how Education, Health and Care Plans (EHCP) are working for children, young people and families in Somerset. We are working with **In Control** using POET (Personal Outcomes Evaluation Tool) questionnaires.

Please share the attached documents with information on how to complete the questionnaires with your networks. If you have any questions, please get in touch. Thank you in advance for your support with this project.

Jemma Lang

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Subject: Redesigning our Maternity Services Together at RUH

We know that choosing where to have a baby is a big decision, that's why we are currently looking at what we provide across our region to help us understand what the best mix could look like for the mothers and families we support.

In planning for the future we are keen to work with mothers, families, staff and those with an interest in our maternity service. We want to understand what matters most, so that we can continue to provide high quality services, delivered by the right mix of staff in an appropriate environment.

I am hoping you will be able to support us in spreading the word to ensure we have involvement from a wide range of people.

If you feel it would be appropriate, I'd be grateful if you could use your communication channels to highlight the opportunities available to share views and provide feedback, to help us reach as many relevant people as possible.

- Informal discussion groups for mothers, mums to be, families and carers on 14th and 27th February and 7th March, flyer attached with further details
- Online survey will be available on our website in the next couple of days http://www.ruh.nhs.uk/about/redesigning_maternity_services/ until 31st March 2017
- Paper copies of the questionnaire are also available if required.
- Email comments to ruh-tr.maternityredesign@nhs.net

If you or a representative from your organisation would like to attend a session please register your interest at ruh-tr.maternityredesign@nhs.net

We are at the early stages of reviewing what we provide and that is why we are asking for people's views. We will share any plans as a result of this review. If feedback suggests we need to make significant changes there will be a formal process of engagement or consultation and you will again have the opportunity to tell us what you think.

There is more information available on our website here;
http://www.ruh.nhs.uk/about/redesigning_maternity_services/

If you or a representative from your organisation would like to attend our event, or if you need any further information please contact me at ruh-tr.maternityredesign@nhs.net

Thank you in advance for your support.

Rhiannon Hills
Divisional Manager
Women and Children's

Amanda Gell
Senior Matron
Women & Children's

Subject: Latest research news from the Centre for Academic Primary Care at the University of Bristol - Continuity of Care

[Continuity of care matters and should be protected](#)

Continuity of care – seeing the same GP – has proven benefits and could be a key line of defence against rising hospital admissions. So argue CAPC's Professor Chris Salisbury and Dr Peter Tammes in an editorial published recently in the British Medical Journal (BMJ).

Subject: Latest research news from the Centre for Academic Primary Care at the University of Bristol – Final Report Of Five Year Telehealth Research Programme Published

[Final report of five-year telehealth research programme published](#)

The National Institute for Health Research (NIHR) has published the final report of CAPC-led research on the use of telehealth in primary care settings for patients with long-term conditions. The research trialled a new telehealth intervention, Healthlines, which was found to be cost-effective for people at risk of cardiovascular disease but not for people with depression.

Subject: Choices For Life Fair – Yeovil College, Friday 24th March 2017

Please see the attached flyer for the Choices For Life fair at Yeovil college on **Friday 24th March 2017**.

This event is for young people aged between 14-25 with additional support needs looking for some advice about the future.

There will be information available on the following topics:

- How can I live more independently?
- How can I choose my next school or college?

- How can I find things to do in my spare time?
- How can I find a job and keep a job?
- How can I stay safe and healthy?

To find out more about the event and to book a place go to:
<https://www.facebook.com/sendparticipationteam/>

Please share this amongst your networks and with young people.

If you would like to find out about having a stall on the day then please contact Claire Merchant-Jones CMerchantJones@somerset.gov.uk

Kind Regards

SEND Reforms Team

Address: B2 South, County Hall, Taunton, TA1 4DY

SEND Reforms Support Team - SENDReforms@somerset.gov.uk

[Somerset Choices](#)

[SEND Final Newsletter](#)

[SEND iPost Page](#)

Welcome to the latest newsletter from The Project which is available to download in full [here](#).

Subject: The Project - Notice for parents and carers supporting a young person experiencing mental health difficulties.

Our next parent and carer support group will meet on Monday 20th February, at the usual place - The Young People's Centre (Pippins), Axminster at 6.30pm until 8.30pm. There is no charge to attend this group, but a very small donation to cover costs for tea, coffee and biscuits is most welcome. We support parents and carers from across the South West, including Devon Somerset and Dorset.

We have no visitors planned for the main part of session so everyone will have a chance to share and offer support to others, but we do have Ashley and Ray from Axminster football club coming along at the end to talk briefly about the inclusive football opportunities in Axminster for young people and adults.

If you have any questions, please do not hesitate to contact us: info@theprojectyp.org.uk

Subject: The Project Chard Support Groups: One Year On

The Project is marking the completion of its first year providing peer support groups in Chard for young people with mental health problems. The groups are divided by age: 13-18s and 18-24s, with each group taking place on alternate Wednesdays at Chard Young People's Centre. The Project helps people with a variety of mental health problems, including diagnosed mental illnesses such as anxiety, depression and eating disorders, as well as undiagnosed issues like bullying, bereavement, school stress and family problems. Young people can self-refer or be referred by parents and carers – see The Project's website www.theprojectyp.org.uk for further information and referral forms.

The Chard support groups started in January 2016, in response to demand for young people's mental health support services in the area. The pilot year was funded by Yarlinton Housing Group and The Project is currently seeking funding to continue the groups. Founder of The Project, Debbie Humberstone, says "Young people's mental health issues and the serious underfunding of services has been prominent in the news over the past few months. Theresa May's speech in January once again highlighted the need to prioritise early intervention support for young people experiencing mental ill health. Opening The Project in Chard has enabled us to help many local young people and provide them with the support they need.'

Debbie points out that there is a particular need for The Project in Chard because early intervention services in South Somerset are virtually nonexistent. The Project is currently supporting nearly 30 young people through its Chard support groups, from across Chard, Ilminster, Crewkerne and beyond. This is only possible through the dedication of its volunteers, who come from a variety of backgrounds and range in age from teenagers to retirees.

"The Project needs local people to get behind it, to provide funding and volunteers to help us continue this service in the coming year and beyond," says Debbie Humberstone. "We are very keen to hear from anyone who could help or who wants to get involved." Please contact info@theprojectyp.org.uk or call 01404 549 045 or 07970 167 341 if you are interested in volunteering or providing funding.